

# Health Professions Council – 11 February 2010

Reports from Council representatives at external meetings

**Executive Summary and Recommendations** 

#### Introduction

The attached feedback forms have been received from the following members of Council, reporting back from meetings at which they have represented the HPC:-

Diane Waller John Donaghy Joy Tweed

**Decision** The Council is requested to note the documents.

Background information None

Resource implications None

Financial implications None

Background papers None

Appendices Copies of feedback forms

#### Date of paper 29 January 2010

Name of Council Member	Diane Waller
Title of event	Oversight group for the Accreditation of IAPT programmes
Date of event	26 <sup>th</sup> January 2010
Approximate attendance at event	10

This is an ongoing group with the primary focus on the oversight of the accreditation of training courses – IAPT High and Low intensity. The target client group is people with 'mild to moderate anxiety and depression' and IAPT follows NICE guidance. Following training, individuals may become accredited where applicable with a relevant professional body. This group is accountable to the IAPT Programme Management Group where HPC is also represented. The group has developed processes to ensure standards for IAPT training are in place and monitors these. It will run until the end of the current IAPT implementation programme, March 2011. The British Association of Behavioural and Cognitive Psychotherapy is the main accrediting body. A possible partnership between BACP, BPS, UKCP and BABCP and IAPT is being discussed concerning accreditation of 23 psychological wellbeing practitioners (PWP) programmes. Currently the focus of IAPT training is CBT but Interpersonal Therapy (IPT) which is NICE recommended, and Counselling trainings will be implemented subsequently.

I reported on the outcome of the Consultation on Psychotherapists and Counsellors, on HPC Council's decision that HPC was ready to go ahead with regulation of these groups bearing in mind further work needed to be done, and that this had been forwarded to the Department of Health.

### **Key Decisions Taken**

The group will have sight of the accreditation reports of a sample of programmes for its next meeting. Discussions between the relevant professional bodies to continue. Governance issues to be clarified.

Name of Council Member	Diane Waller
Title of event	State Registration: The issues
Date of event	Sat 23 Jan 2010
Approximate attendance at event	250

All conference relevant to the statutory regulation of psychotherapists and counsellors. I was on a panel, with Marc Seale and

psychotherapists/counsellors representing different bodies and attitudes towards SR. We had specific questions notified in advance, then more general questions from the participants. This panel lasted all morning. Organisers had taken care with the day so that everyone had time to present their views. There was a lot of misunderstanding about how HPC operated, and about the difference between a professional body and regulator. Some people were proregulation, others pro-regulation with HPC, others anti-regulation with HPC. The afternoon consisted of 'café conversations' where it was more informal and gave an opportunity to clarify points around the standards of proficiency, fitness to practice, perceived 'medical model' used by HPC professions, threshold levels, and HPC's role in programme approval. The day's programme is on Confer website.

Such events are very helpful in clarifying the very complex area of statutory regulation.

### **Key Decisions Taken**

Not a decision making event. Organisers have suggested another event which might be smaller and more focussed.

Emergency Median 2010
14 <sup>th</sup> & 15 <sup>th</sup> January 2010
80

Discussion and presentation took place around Continuing Professional Development (CPD) Although a mixture of professions in the audience, such as Medics, Nurses and Paramedics the presentation was given by a paramedic and revolved around CPD activities and evidence as required by the HPC.

Questions from the floor indicated a positive response in relation to CPD activities and evidence required.

# Key Decisions Taken

No key decisions were taken.

Name of Council Member	Joy Tweed
Title of event	Public and Patient Involvement Group UK Health and Social Care regulators
Date of event	23/09/09
Approximate attendance at event	12 people

- Following on from the successful joint seminar on older people and regulation, a future seminar is planned to look at issues around mental health. It was agreed that a number of relevant organisations would be invited to attend and asked to help identify 1) What do you want from us (regulatory bodies)? 2) What would best practice in patient and public participation look like? The proposed outcome is a clear set of criteria to help plan and evaluate future engagement with those who use mental health services.
- A handbook of PPI good practice is currently being updated
- A joint information leaflet is being produced and will be available 2010
- A presentation on PPI for each council is being rolled out, to come to HPC next year.
- A selection of relevant documents from the PPI group to be available on each regulators website.

### Key Decisions Taken

Following discussion regarding whether members of the public could attend these meetings, it was decided to make clear that this was a strategic group that met in private. Minutes will be available on websites and decisions will be communicated back to member councils, which meet in public. A suggested possible future seminar could look at engagement with patient/user organisations, such as LINks.